



## 2010-2011 RHS Cheerleading Program



Must attend "ONE" of the following two parent/candidate information meetings:

March 2	4:30 – 5:30	RHS Library
March 4	7:00 – 8:00	RHS Library

### Cheerleader Workshops (Mandatory for all candidates)

March 8	4:30 – 6:30	RHS Gym
<i>(This is only for Varsity and JV candidates)</i>		
March 9	4:30 – 6:30	RHS Gym
<i>(All cheerleader candidates)</i>		

### Cheerleader Tryouts (All squads: Freshman, JV, Var)

March 11	4:30 – 7:00	RHS Gym
<i>(Candidates will be informed of the 2010 – 2011 squads that evening after tabulations)</i>		

### Cheerleader Try-out Requirements:

- 3 consecutive advanced jumps
- Tumbling (cartwheels, round-offs, back handsprings, etc.)
- Cheer (taught at the cheerleader workshop)
- Dance (Var/JV only: taught at the cheerleader workshop)

### Estimated Yearly Cheerleader Cost:

\$2000

